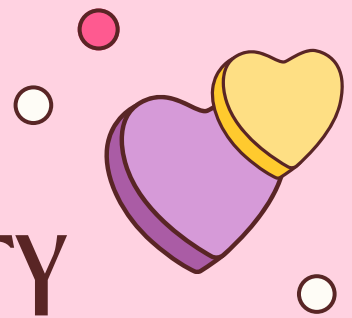
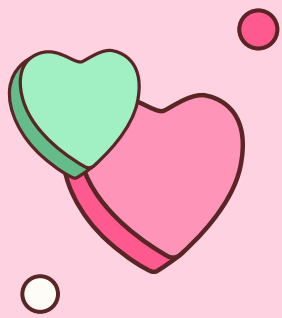




SELF-LOVE ACTIVITY

Show yourself some love and kindness by filling in the boxes below with things you like about yourself.

I love that I am...

I love that I am...

I love that I can...

I love that I can...

